

“WHY-We Here You” Project

Good Practice Criteria and Template

Good practice definition

A “good practice” can be defined as follows:

A good practice is not only a practice that is good, but a practice that has been proven to work well and produce good results, and is therefore recommended as a model. It is a successful experience, which has been tested and assessed, in the broad sense, which has been repeated and deserves to be shared so that a greater number of people can adopt it.

Good practice criteria

The following set of criteria will help us select “good practice” in youth participation in the democratic process for **the target group of professionals in education and social work** with young people at risk between 16-25. The good practices we want to select have as an objective to promote democratic dialogue, youth involvement in order to promote civic participation, prevention of marginalization, school absenteeism and drop out. The practices should be in accordance to democratic and humanitarian values.

They have to respond to the following criteria:

1. **Effective**
2. **Gender and culture sensitive**
3. **Doable**
4. **Participatory**
5. **Replicable and adaptable**
6. **Assessed**

Why Project - Good Practice Template

Please, fill in the blank:

| | |
|---------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| WHO | Here4u on Rudbeckianska gymnasium Västerås city |
| WHAT max 2000 characters | <p>Here4U started in 2002 at a school in Västerås. A group of teenage students wanted to make the school a safer place for all. They knew what was going on in the corridors and around school. One of the staff members was appointed to support the group, and together they started here4U. The group got bigger, and after a while other schools heard about them and also started their own groups with young people.</p> <p>Today - about 50 schools have active here4U-groups. About 600 children and teenagers are members at their school. The young ones (9-12 years old) are called here4U Junior, and the older ones (13-19 years) are here4U.</p> <p>The groups do a lot of things - the young ones do things like "Play of the week", lunch discos, making here4U-days at school and so on. The older ones focus more on working together to make the school a safer place, working against bullying, racism, violence and for friendship. Each and every young person in school and beyond is important. Some groups collect money and clothes for the homeless, do activities for refugees - one group even went to Greece to help.</p> <p>All groups have one or two adults/tutors, working at the school each semester to help them forward. The adults in the network meet three times each semester, to learn more and discuss important topics. The students also have meetings regularly, based on respect, equality and inclusion.</p> <p>Here4U is also a non-profit association, including counseling for boys (13-25 years old). Anyone can be a member of the here4U association. The association also provides activities for young people in volunteer groups called Brotherhood and Sisterhood. Members of Brotherhood and Sisterhood can additionally work in a Bigbrother/Bigsisiter-program, where they can act as a role model and support for a younger boy or girl who needs, and wants, a big brother or sister.</p> |
| PURPOSE | <p>Working together to make the school a safer place, working against bullying, racism, violence, empowerment and for friendship.</p> <p>Here4u group of Rudbeckianska gymnasium, have together prepared the following values:</p> <p>Here4u on has one goal: to do our best for you at the Rudbeckian gymnasium to be as good as possible. To make you feel safe, fellowship and joy.</p> <p>Everyone at school can contact Here4U. This applies both if you</p> |

| | |
|--------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| | think somebody is feeling alone or otherwise insecure, and if you feel alone or otherwise insecure yourself. |
| WHEN | Continuously, mostly during school semesters |
| SCORE 1 to 6 criteria as listed at pag.1 | 1-6 |
| RESORSES materials tools etc | <ul style="list-style-type: none"> - Clothes (appendix 1) - Flyers (appendix 2) - Posters (appendix 3) - Roll-up - website - Facebook - Meetings - Contract, rules that h4u members follow - Activities - Language friend - Lunch friends for those students who are back alone in the lunch room |
| LINK | www.hereu.se http://www1.vasteras.se/rudbeckianska/elevaktiviteter/here4u.shtml https://www.facebook.com/here4U.RG/?ref=bookmarks |
| COMMENTS | |
| NAME AND DATE who has filled in the template and when | Sara Bergvall 26 november 2017 sara.bergvall@vasteras.se |

Appendix 1: A selection of clothes



Appendix 2: Flyers



Here4u på har ett mål: att göra vårt bästa för att du på Rudbeckianska gymnasiet ska ha det så bra som möjligt. Att du ska känna trygghet, gemenskap och glädje.

Alla på skolan kan kontakta Here4U. Det gäller både om du tror att någon känner sig ensam eller på annat sätt otrygg och om du själv känner dig ensam eller på annat sätt otrygg.

Du kan kontakta antingen handledare eller medlem:

Here4u-handledare

Sara Bergvall, handledare
sara.bergvall@vasteras.se 070-65694058
Joakim Andersson, skolkurator
joakim.andersson@vasteras.se 073-8674070

Here4u-medlemmar

Information om medlemmarna hittar du på Rudbeckianska gymnasiets hemsida under fliken elevaktiviteter. Du kan kontakta medlem antingen via Facebooksidan: Here4u Rudbeckianska gymnasiet, Vklass eller personlig kontakt

*För mer information:
www.here4u.se*

Appendix 3

